

ice4life in Uttendorf/Weißsee

Donnerstag/ thursday 24.01.2019

16.00-21.00 Uhr	Check in im Zelt
04.00-09.00 pm	Check in at the tent
21.00 Uhr	Info Abend im Zelt
09.00 pm	Information Evening at the tent

Freitag/ friday 25.01.2019

10.00-11.00 Uhr	Gemeinsames Training im Zelt
10.00-11.00 am	Training session at the tent
11.00 Uhr	Gruppenfoto am Badesee
11.00 am	group-picture at the lake
11.00-12.30 Uhr	Strecken Besichtigung & Sicherheitsinformationen & Einführung Langlaufen
11.00- 12.30 am	Strecken Besichtigung & security instructions & small intro Workshop cross country
12.30-14.30 Uhr	gemeinsames Mittagessen im Zelt
12.30-02.30 pm	lunch at the tent
14.30-16.30 Uhr	Für jedermann die Möglichkeit „to cool/freez yourself“, Atemübungen und Kältebad
02.30-04.30 pm	Everybody is free to cool/freez yourself, breathing training session & dipping
17.00 Uhr	Gemeinsame Fackelwanderung zum Keltendorf Treffpunkt: Tourismusverband Uttendorf (Gehzeit ca. 45min)
05.00 pm	torch hike to the celtic village; meeting point: tourist information Uttendorf (walking duration: approx. 45min)
Ca. 17.45Uhr	Gemütlicher Informationsabend mit „mountain soup“ & Tee im Keltendorf
05.45 pm	cozy information evening with mountain soup and tee at the celtic village

Samstag/ saturday 26.01.2019

09.30-10.30 Uhr	Atemübung im Zelt
09.30-10.30 am	Training session at the tent
11.00-13.30 Uhr	Beginn des Events am Uttendorfer Erlebnisbadesee – 1h Laufen, 1h Radfahren oder Langlaufen, in den eiskalten See für max. 10min oder eine Strecke Eisschwimmen
11.00am-01.30 pm	Start of the event at the Uttendorfer lake approx. 1h running, 1h biking or cross country skiing, dipping for max. 10min or ice swimming
ab ca. 14.30 Uhr	Mittagessen im Zelt
from 02.30 pm	lunch at the tent
19.30 Uhr	Abendessen & Party im Zelt
07.30 pm	dinner & party at the tent



„Ice 4 life Package“

24th - 27th January 2019

3 nights

Unterkünfte / Accomodations:

Hotels

Scharlers Boutiquehotel ****

<http://www.scharlers-hotel.at/de> | info@scharlers-hotel.at | +43 6563 82180

Single- or double room Standard

incl. breakfast

incl. SPA and 100 "Urlaubsfreuden"

Price from € 195.- / Person

Single- or double room Deluxe

incl. breakfast

incl. SPA and 100 "Urlaubsfreuden"

Price from € 210.- / Person

€ 225.- for a single room

Pension/Bed & Breakfast

Pension Koch

<http://pension-koch.at/> | uttendorf@pension-koch.at | +43 6563 8475

incl. breakfast

incl. sauna

Price from € 135.- / Person

Pension zu Hause

www.pension-zuhause.com | info@pension-zuhause.com | +43 664 455 7485

incl. breakfast

Price from € 95.- / Person

Pension Stubachblick

<http://www.stubachblick.at/> | info@stubachblick.at | +43 6563 8254
incl. breakfast

Price from € 118,50.-/ Person

Apartment

Gasthof Tischlerwirt

<http://www.tischlerwirt.com/> | gasthof@tischlerwirt.com | +43 6563 8246
3 room apartment for 4 persons:
incl. final cleaning

Price from 370€ / apartment

breakfast can be booked additionally for 8€/pP night
dinner can be booked additionally for 15€/pP night

2 room apartment for 2 persons:

incl. final cleaning

price from 270€ / apartment

breakfast can be booked additionally for 8€/pP night
dinner can be booked additionally for 15€/pP night

Appart-Pension Vorreiter

<http://www.pension-vorreiter.at> | info@pension-vorreiter.at | +43 664 21 08 716
apartment for 4 persons:
incl. final cleaning

Price from 278€ / apartment

breakfast can be booked additionally for 7€/pP night

studio for 2 persons:

incl. final cleaning

price from 237€ / apartment

breakfast can be booked additionally for 7€/pP night

Haus Zingerle

ing.zingerle@sbg.at | +43 664 42 19 264
apartment for 4 persons:

incl. final cleaning
incl. one time sauna

Price from 243€ / apartment

studio for 2 persons:

incl. final cleaning
incl. one time sauna

price from 185€ / apartment

Haus Gassner

E-Mail: [gassner-bus- info@sbg.at](mailto:gassner-bus-info@sbg.at) / +436643526022

3 room Apartment for 4 persons

incl. final cleaning

Price from 272€ / apartment



Hotels

Scharlers Boutiquehotel ****

<http://www.scharlers-hotel.at/de> | info@scharlers-hotel.at | +43 6563 82180

Single- or double room Standard

incl. breakfast

incl. SPA and 100 "Urlaubsfreuden"

incl. one day ski pass for one person at the Weisse glacier world

Price from € 443.- / Person

Single- or double room Deluxe

incl. breakfast

incl. SPA and 100 "Urlaubsfreuden"

incl. one day ski pass for one person at the Weisse glacier world

Price from € 468.- / Person

€ 503 for the single room

Pension/Bed & Breakfast

Pension Koch

<http://pension-koch.at/> | uttendorf@pension-koch.at | +43 6563 8475

incl. breakfast

incl. sauna

incl. one day ski pass at the Weissee glacier world

Price from € 339,50.- / Person

Pension Stubachblick

<http://www.stubachblick.at/> | info@stubachblick.at | +43 6563 8254

incl. breakfast

incl. one day ski pass at the Weissee glacier world

Price from € 238.- / Person

Pension zu Hause

www.pension-zuhause.com | info@pension-zuhause.com | +43 664 455 7485

incl. breakfast

Price from € 220.- / Person

Apartment

Haus Brandeck

<http://www.brandeck.at/> | info@brandeck.at | +43 650 5823 932

Apartment for 4 persons

incl. final cleaning

incl. two times sauna

incl. 4x one day ski pass at the Weissee glacier world

Price from € 599.- / Apartment

Breakfast can be booked additionally for € 6.- per Person/day

Gasthof Tischlerwirt

<http://www.tischlerwirt.com/> | gasthof@tischlerwirt.com | +43 6563 8246

3 room apartment for 4 persons:

incl. final cleaning

incl. one day ski pass at Weissee glacier world

price from 942€ / apartment

breakfast can be booked additionally for 8€/pP night

dinner can be booked additionally for 15€/pP night

2 room apartment for 2 persons:

incl. final cleaning

incl. one day ski pass at Weissee glacier world

price from 651€ / apartment

breakfast can be booked additionally for 8€/pP night

dinner can be booked additionally for 15€/pP night

Appart-Pension Vorreiter

<http://www.pension-vorreiter.at> | info@pension-vorreiter.at | +43 664 21 08 716

apartment for 4 persons:

incl. final cleaning

incl. one day ski pass at Weisse glacier world

Price from 566€ / apartment

breakfast can be booked additionally for 7€/pP night

studio for 2 persons:

incl. final cleaning

incl. one day ski pass at Weisse glacier world

price from 445€ / apartment

breakfast can be booked additionally for 7€/pP night

Haus Zingerle

ing.zingerle@sbg.at | +43 664 42 19 264

apartment for 4 persons:

incl. final cleaning

incl. two time sauna

incl. one day ski pass at Weisse glacier world

Price from 599€ / apartment

studio for 2 persons:

incl. final cleaning

incl. two time sauna

incl. one day ski pass at Weisse glacier world

price from 416€ / apartment